

Natalie Nagpal, M.A.

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EDUCATION

- Current **Queens College and The Graduate Center, City University of New York (CUNY)**
Clinical Psychology PhD program
Level II – Doctoral Candidate
Specialization: Neuropsychology
Advisor: Desiree Byrd, Ph.D., ABPP
- May 2019 **New York University (NYU)**
Master of Arts
Major: Psychology
Thesis: Overlap of CBT and Psychodynamic Psychotherapy
Advisors: Michael Abrams, Ph.D. & Michael Mance, Ph.D.
- May 2017 **University of Michigan, Ann Arbor**
Bachelor of Science
Major: Biopsychology, Cognition and Neuroscience
Thesis: The Behavioral Immune System and Perception of Pathogen Threat
Advisor: Joshua Ackerman, Ph.D.
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SUPERVISED CLINICAL EXPERIENCES

- June 2025 - Present **Neuropsychology Extern**
Center for Neuropsychological Services, Northwell Health
Supervisors: Cara Levitch, Ph.D., ABPP; Phillip Watson, Ph.D., ABPP
- Conduct neuropsychological assessments including administration, scoring, case conceptualization, and report writing
 - Assess children and adolescents ages 7-17 with a variety of medical and neurodevelopmental concerns, intellectual disability, including cancer, genetic disorders, ADHD, sickle cell anemia, and autism.
 - Assess adults presenting with cognitive concerns, including suspected neurodegenerative disease, oncology-related referrals, psychiatric presentations, and ADHD.
 - Attend and participate in didactics including psychiatry grand rounds and fact-finding.
 - Attend individual supervision.
- June 2024 - Present **Psychology Extern and Work-Study Assistant**
Queens College Psychological Center (QCPC)
Supervisors: Yvette Caro, Ph.D.; Melinda A. Cornwell, Ph.D.; Veronica J. Hinton, Ph.D.; Alea Holman, Ph.D.

- Provide outpatient psychotherapy to children and adults, including intake interviews, standardized surveys, case formulation, providing evidence-based treatment, and tracking symptom improvement.
- Conduct neuropsychological assessment for children and adults, including intake interviews, administration of assessments, scoring using norms, interpretation of results, report writing, and providing feedback.
- Attend individual and group supervision regarding therapy and neuropsychological assessment cases.
- Co-lead community outreach and group therapy, such as Aging Well Group for older adults, improving emotional literacy for young girls, and mindfulness training for graduate students

August 2022 – December 2023

Pre-Clinic Extern

Queens College Psychological Center (QCPC)

Supervisor: Yvette Caro, Ph.D.

- Lead group interventions and community outreach initiatives, including an eight-week mindfulness program for adolescent girls and a six-week emotion regulation skills program for girls, ages seven to ten.
- Attended weekly group supervision.

August 2018 – June 2019

Graduate Assistant

**Transitions of Long Island, Traumatic Brain Injury (TBI) Clinic
Northwell Health**

Supervisor: Jean Elbaum, Ph.D.

- Supported clinicians during the rehabilitation “Structured Day Program” aimed at improving social and cognitive skills for patients recovering from TBI.
- Assisted with new patient intakes.

RESEARCH EXPERIENCE

September 2022 – Present

Graduate Assistant

Hinton Developmental Neuropsychology Lab at Queens College, CUNY

Advisor: Veronica J. Hinton, Ph.D.

- Complete neuropsychological assessments for children and adults as part of Dr. Hinton’s study, “Association of the Fragile X Premutation with Cognitive and Behavioral Skills in Children” (5R01HD102429-02).
- Overseeing data collection and management.

September 2022 – September 2023

Graduate Fellow

Office of Institutional Research and Effectiveness (OIRE) at the CUNY Graduate Center

Supervisor: Dahlia Kaufman, Ph.D.

- Analyzed data in service to the OIRE’s mission to provide leadership in the areas of institutional effectiveness, student learning assessment, program evaluation, and regional accreditation.
- Created and maintained data dashboards.
- Created program reports and sent them to external reviewers.

June 2019 – September 2022

Clinical Research Coordinator

Simons Foundation

Supervising Investigators: Wendy Chung, M.D.; Amy Daniels Ph.D.

- Trained and supervised students and staff in research practices for the observational study “Simons Powering Autism Research for Knowledge (SPARK).”
- Autism research initiative that aims to recruit, engage, and retain a participant community of 50,000 individuals with autism in addition to their family members.
- Gained experience with submitting amendments to the IRB.
- Monitor research protocol adherence.
- Supervised HIPAA-compliant data collection and management for 90,000+ participants.
- Prepared reports for Principal Investigators and Project Funders.
- Assisted in development of grant budgets and management of project expenditures.
- Coordinated with translators and the product development team to create the web-based Spanish SPARK study.
- Contributed expertise on the study protocol to ensure accurate and culturally sensitive adaptation at the DEI in Grantmaking working group.

October 2017 – May 2019

Research Assistant

Mindset Works, LLC

Supervisor: Sylvia Roberts, Ph.D.

- Tested a teacher-delivered growth mindset curriculum that sought to enhance grades of struggling students and teach adolescents that intelligence is malleable on a study titled “Efficacy of a Growth Mindset Intervention to Increase Student Success” (R305A150142).
- Observed, coded, and evaluated classroom implementation of the Brainology Curriculum.
- Cleaned and organized quantitative and qualitative data of teacher outcomes and student feedback.
- Trained teachers and study staff.
- Conducted observational methods to maintain integrity of randomized design.

October 2015 – May 2017

Undergraduate Research Assistant

Evolutionary Social Psychology Lab at the University of Michigan

Advisor: Joshua Ackerman, Ph.D.

- Examined the processes underlying behavioral immune system activation.
- Evaluated whether implicit disease associations and perceptions of disease susceptibility influence the degree to which the behavioral immune system is activated on a project titled “Grounding the Behavioral Immune System in Mental and Physiological Processes” (NSF1461348).
- Administered cognitive behavioral tasks using MediaLab.
- Entered and analyzed quantitative data.
- Completed and submitted IRB amendments and modifications to study protocol.
- Trained research assistants.

July 2016 - August 2016 & July 2018

Research Assistant

Silver School of Social Work,
NYU

Advisor: Mary Acri, Ph.D.

- Examined the following for a project titled “Family Groups for Urban Youth with Disruptive Behavior” (5R01MH106771-02).
- Short-term and longitudinal impact of multiple family group interventions (MFG) on urban youth with Oppositional Defiant Disorder and Conduct Disorder.
- Family-level mediators (e.g., parenting, family process) of child outcomes.
- Clinic (readiness to adopt an innovation, leadership support and climate) and provider level moderators (preparedness, motivation and fidelity) of MFG implementation and integration.
- Collected observational data for family group therapy sessions.
- Compiled materials for assessment batteries, scheduled participants, and organized materials for meetings.
- Completed 70+ phone screenings with mental health providers and clinicians in the NYC area.
- Conducted in-depth phone intakes with mental health providers.
- Created guidebook of providers for mental health issues accessible to caregivers in the child welfare system.

July 2016 - August 2016

Undergraduate Research Assistant

Emotion & Behavior Lab NYU

Advisor: Elizabeth Phelps, Ph.D.

- Tested if aversive learning influences generalization of episodic memory for threatening events in human adults in a project titled “Improving the Control of Fear: Healthy Adults to Pathological Anxiety” (4R00MH106719-03).
- Subjects underwent Pavlovian threat-conditioning in which objects from one category were paired with a shock and objects from a different category were unpaired.

- The next day, subjects underwent a recognition memory test that included old, highly similar, and entirely novel items from the shock-paired and shock-unpaired object categories.
- Trained on Galvanic Skin Response Amp (GSR) and Skin Conductance Response (SCR) measurements, set up, administration, and basic data analysis.
- Administered State-Trait Anxiety Inventory surveys.
- Evaluated Matlab script for detection accuracy.
- Advertised study, scheduled participants, and issued participant payments.

March 2016 - May 2016

Undergraduate Research Assistant

Center for Human Growth and Development, U of M

Advisor: Craig Smith, Ph.D.

- Studied how children make sense of revenge in interpersonal conflict, whether they view revenge as acceptable and deserving of punishment on a project titled “Children's Thinking About Revenge” (HUM00095249).
- Coordinated parent consent, intake, and debriefing sessions for a study on how children think about the acceptability of revenge.
- Assisted advisor in free-play sessions for preschool-to kindergarten participants.
- Coordinated between the Ann Arbor Hands-on Museum and lab to schedule eligible participants.

TEACHING EXPERIENCE

2022 - Present

Adjunct Instructor

Queens College, City University of New York

Supervisor: Jeff Beeler, Ph.D.

Instructor for Statistical Methods Laboratory Psychology 1071

Create all course materials, including syllabus, PowerPoints, assignments, exams, discussion posts, lectures, and supplemental materials for course instruction.

Lead lectures for class and provide one-on-one support in office hours.

PUBLICATIONS

Zhou X, Feliciano P, Shu C, Wang T, Astrovskaya I, Hall JB, Obiajulu JU, Wright JR, Murali SC, Xu SX, Brueggeman L, Thomas TR, Marchenko O, Fleisch C, Barns SD, Snyder LG, Han B, Chang TS, Turner TN, Harvey WT, Nishida A, O'Roak BJ, Geschwind DH; **SPARK Consortium**; Michaelson JJ, Volfovsky N, Eichler EE, Shen Y, Chung WK. Integrating de novo and inherited variants in 42,607 autism cases identifies mutations in new moderate-risk genes. *Nat Genet.* 2022 Sep;54(9):1305-1319. doi: 10.1038/s41588-022-01148-2. Epub 2022 Aug 18. PMID: 35982159; PMCID: PMC9470534.

Kowanda, M., Cartner, L., Kentros, C., Geltzeiler, A. R., Singer, K. E., Weaver, W. C., Lehman, C. D., Smith, S., Smith, R. S., Walsh, L. K., Diehl, K., **Nagpal, N.**, Brooks, E., Mebane, C. M., Wilson, A. L., Marvin, A. R., White, L. C., Law, J. K., Jensen, W., Daniels, A. M., ... Chung, W. K. (2021). Availability of services and caregiver burden: Supporting Individuals with neurogenetic conditions during the COVID-19 pandemic. *Journal of Child Neurology*, 36(9), 760–767. <https://doi.org/10.1177/08830738211001209>

Bal VH, Wilkinson E, White LC, Law JK; **SPARK Consortium**; Feliciano P, Chung WK. Early Pandemic Experiences of Autistic Adults: Predictors of Psychological Distress. *Autism Res.* 2021 Jun;14(6):1209-1219. doi: 10.1002/aur.2480. Epub 2021 Feb 8. PMID: 33559334; PMCID: PMC8014774.

MANUSCRIPTS UNDER REVIEW/IN PREPARATION:

Kenepp, A., Singh, E., Russell-Giller, S., Seehra, S., Taveras, S., **Nagpal, N.**, Goldman, R., Adayev, T., Glicksman, A., Tortora, N., Allen, E.G., Shubeck, L., Hunter, J.E., & Hinton, V.J. (In Preparation; Draft Complete). Numerical Skills Among Children with a Fragile X Premutation.

Russell-Giller, S., Kenepp, A., Taveras, S., Goldman, R., Seehra, S., **Nagpal, N.**, Adayev, T., Glicksman, A., Tortora, N., Allen, E.G., Shubeck, L., Hunter, J.E., & Hinton, V.J. (In Preparation; Draft Complete). Characterization of the Attentional Profile in Women with a Fragile X Premutation Allele.

Russell-Giller, S., Kenepp, A., Goldman, R., **Nagpal, N.**, Taveras, S., Seehra, S., Adayev, T., Glicksman, A., Tortora, N., Allen, E.G., Shubeck, L., Hunter, J.E., & Hinton, V.J. (In Preparation; Draft Complete). Examination of the Attentional Profile in Girls with a Fragile X Premutation Allele.

INVITED TALKS & PRESENTATIONS

Nagpal, N. & Hinton, V. J. (2024, April) *Social Skills in Children with Duchenne Muscular Dystrophy*. Oral Presentation given for the Twentieth Annual Neuropsychology Research Day at Queens College, CUNY, New York, NY

Nagpal, N. & Denmark, F. (2018, March). *Round Table Discussion on Psychology at the United Nations*. Presented at the Eastern Psychology Association Conference in Philadelphia, PA.

POSTERS

Nagpal, N. & Hinton, V. J. (2025, March) *Social Skills in Children with Duchenne Muscular Dystrophy*. Abstract accepted for presentation at the 96th annual meeting of the Eastern Psychological Association, New York, NY.

Taveras, S., Kenepp, A., Russell-Giller, S., Seehra, S., Goldman, R. **Nagpal, N.**, Narciso, C. Mejia Tirado, N., Yakubova, E., Dickson, J., Weiss, B., Sung, D., Mikhaylov, S., Tortora, N., Glicksman, A., Adayev, T., A. Allen, E.G., Shubeck, L., Hunter, J.E., Hinton., V.J. (2025, February) *Exploring the impact of having a fragile x premutation on executive functions and working memory in children*. Abstract accepted for presentation at the 52nd annual meeting of the International Neuropsychological Society, New Orleans, LA.

Kenepp, A., Singh, E., Russell-Giller, S., Seehra, S., Taveras, S., Goldman, R., **Nagpal, N.**, Adayev, T., Glicksman, A., Tortora, N., Graves Allen, E., Shubeck, L., Ezzell Hunter, J., & Hinton, V. J. (2025, February). *Magnitude judgment and distance effects in boys and girls with a fragile X premutation allele*. Abstract accepted for presentation at the 52nd annual meeting of the International Neuropsychological Society, New Orleans, LA.

- Goldman, R., Kenepp, A., Russell-Giller, S., Seehra, S., Taveras, S., **Nagpal, N.**, Yakubova, E., Mejia, N., Weiss, B., Dickson, J., Herszage-Feldan, S., Sung, D., Narciso, C., Adayev, T., Tortora, N., Glicksman, A., Graves Allen, E., Shubeck, L., Ezzell Hunter, J., & Hinton, V. J. (2025, February). *Pragmatic language and behavior associations in children with and without a fragile X premutation*. Abstract accepted for presentation at the 52nd annual meeting of the International Neuropsychological Society, New Orleans, LA.
- Seehra, S., Kenepp, A., Goldman, R., **Nagpal, N.**, Fee, R. J., & Hinton, V. J. (2024, February). *Contributions towards executive functioning and behavior among children with Duchenne muscular dystrophy*. Abstract accepted for presentation at the 51st annual meeting of the International Neuropsychological Society, New York, NY.
- Nagpal, N.**, Xiao, S., Diehl, K., Daniels, A. M., Law, J. K., White-Lehman, C. L., Feliciano, P., The SPARK Consortium, & Chung, W. K. (2021, May). *Coping strategies and service needs of autistic adults in the SPARK cohort during the COVID-19 pandemic*. Abstract accepted for presentation at the 20th annual meeting of the International Society for Autism Research (INSAR), Boston, MA.
- Xiao, S., **Nagpal, N.**, Daniels, A. M., Law, J. K., White-Lehman, C. L., Feliciano, P., The SPARK Consortium, & Chung, W. K. (2021, May). *Predictors of perceived stress among independent adults with autism during the COVID-19 pandemic*. Abstract accepted for presentation at the 20th annual meeting of INSAR, Boston, MA.
- Oyeyemi, M. J., Algaze, Z., Ranganathan, V., Quinones, A., Malloch, L., Daniels, A., Diehl, K., Goin-Kochel, R. P., Gulsrud, A. C., Law, K., **Nagpal, N.**, Sarver, D. E., Schultz, R., & Pandey, J. (2021, May). *Representation counts: Assessing the needs, barriers, and fears of minoritized populations' participation in genetic research*. Abstract accepted for presentation at the 20th annual meeting of INSAR, Boston, MA.
- Goin-Kochel, R. P., Duhon, G., Marzano, G., Daniels, A., Law, K., Diehl, K., **Nagpal, N.**, & Chung, W. K. (2021, May). *Participants' and researchers' perceptions of effective recruitment strategies: Lessons learned through SPARK*. Abstract accepted for presentation at the 20th annual meeting of INSAR, Boston, MA.
- Nagpal, N.**, & Ackerman, J. (2017, May). *Effects of disease salience on self-perceptions*. Abstract accepted for presentation at the Psychology Research Forum, Ann Arbor, MI.
- Nagpal, N.**, & Alcaraz, D. (2014, May). *Using endogenous miRNAs to identify and manipulate stem and progenitor cells in the hematopoietic system*. Abstract accepted for presentation at the Undergraduate Research Symposium, Ann Arbor, MI.

SERVICE ACTIVITIES

October 2017 – November 2018

International Council of Psychologists United Nations Intern

- Attended committee meetings, summarized briefings and minutes for distribution to International Council of Psychologist (ICP) Non-Governmental Organization (NGO) representatives and for publication in the ICP Bulletin

- Assisted in projects related to ICP's participation in roundtables and workshops at the annual NGO conference and other events
- Assisted in Psychology Day planning at the United Nations.
- Helped create the Sustainable Development Goals Database for Psychology Coalition at the United Nations (PCUN)
- Participated in the General Assembly's high-level meeting on sustaining peace

HONORS & AWARDS

2026	Stone Center Junior Scholar Award (CUNY)
2026	Graduate B Fellowship (CUNY)
2026	Tuition Fellowship (CUNY)
2024	NYS Office of Mental Health Scholarship for Underrepresented Graduate Students (CUNY)
2022	Provosts University Fellowship (CUNY)
2019	Named Academic Dean's list (NYU)
2017	Named Academic Dean's list (University of Michigan)
2013	M-STEM Summer Research Scholarship (University of Michigan)

VOLUNTEER ACTIVITIES

Summer 2025 – Present

NYS Office of Mental Health Mentor

- One-on-one professional mentorship for individuals from under-resourced backgrounds aiming to become clinical psychologists

Fall 2025

Coordinator for Neuropsychology Research Day at Queens College

- Assisted in creating the program schedule, led communication with individuals accepted for poster presentations

September 2013 – June 2018

ASD Tutor & Social Coach

- One-on-one academic and social mentor for a student diagnosed with ASD
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PROFESSIONAL MEMBERSHIPS

American Psychological Association (2026)

Society for Clinical Neuropsychology (2026)

New York State Association of Neuropsychology (2026)

TESTS ADMINISTERED:

- Beery-Buktenica Developmental Test of Visual Motor-Integration (Beery VMI)
- Benton Judgment of Line Orientation (JLO)
- Brief Visuospatial Memory Test-Revised (BVRT-R)
- California Verbal Learning Test (CVLT-3, CVLT-C)
- Comprehensive Assessment of Spoken Language – II (CASL-II)
 - Selected Subtest: Pragmatic Language

- Child and Adolescent Memory Profile (ChAMP)
 - Selected Subtests: Objects, Instructions
- Clinical Evaluation of Language Fundamentals (CELF)
 - Selected Subtests: Formulated Sentences
- Continuous Performance Test, Third Edition (CPT-3)
- Comprehensive Test of Phonological Processing (CTOPP-2)
- Delis-Kaplan Executive Function System (D-KEFS)
 - Selected Subtests: Color Word Interference, Trail Making, Verbal Fluency, Tower Test
- Gray Oral Reading Test (GORT-5)
- Gorilla Experiment Builder
 - Selected Subtests: Symbolic Number Comparison, Attention Network Test, Go/No Go
- Grooved Pegboard
- Neuropsychological Evaluation of the School-Aged Child, Second Edition (NEPSY-II)
 - Selected Subtests: Inhibition, Word Generation, Comprehension of Instructions, Arrows
- Neuropsychological Assessment Battery (NAB)
 - Selected Subtests: Sensorimotor Evaluation
- Oral Symbol Digit Modalities Test (oSDMT)
- Reading the Mind in the Eyes (RME)
- Rey-Osterrieth Complex Figure Test (RCFT)
- Rey 15 Item and Word Recognition Tests of Validity
- Test of Premorbid Functioning (TOPF)
 - Selected Subtests: Word Card
- Tower of London, 2nd Edition (TOL-DX-2)
- Trail Making Test (TMT)
- Wechsler Adult Intelligence Scale, Fifth Edition (WAIS-V)
- Wechsler Abbreviated Scale of Intelligence, Second Edition (WASI-II)
- Wechsler Individual Achievement Test, Fourth Edition (WIAT-4)
 - Selected Subtests: Word Reading, Spelling, Numerical Operations, Math Problem Solving, Oral Reading Fluency
- Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)
- Wechsler Memory Scale, Fourth Edition (WMS-IV)
 - Selected Subtests: Logical Memory I & II
- Wide Range Assessment of Memory and Learning, Third Edition (WRAML-3)
 - Selected Subtests: Design Learning
- Wisconsin Card Sorting Test (WCST)
- Woodcock Johnson Tests of Achievement, Fifth Edition (WJ-V)